



Trinity School for Seniors

2018

Course Information



Companionship through Learning

For adults 60 years and older

Term One	12 February — 6 April
Term Two	30 April — 15 June
Term Three	30 July — 21 September
Term Four	15 October — 30 November

An Initiative of the Uniting Church in the City

Updated November 2017



TRINITY SCHOOL FOR SENIORS

Companionship Through Learning

An inclusive community for older adults to share mutual interests, enhance friendships and participate in lifelong learning.

The Trinity School for Seniors (TSFS) provides over 100 courses for more than 700 attendees over five days during a term, and over four terms per year. The School is located in the heart of the City and easy to access via public transport.

TSFS was started in 1979 and is a mission outreach of the Uniting Church in the City. The School is a recreational facility for older adults (60 years and older), providing education and a mutual support network which meets the physical, emotional, social, intellectual, pastoral and spiritual needs of Seniors in the wider Perth community.

The objects of the Trinity School for Seniors are to provide:

Companionship: by conducting activities for students which enhance friendships and the sharing of mutual interests;

Learning: through structured learning programmes for students which increase their skills and knowledge and their capacity to contribute meaningfully to community life;

Well-Being: through the conduct of activities and structured learning programmes for students which assist them to remain physically and mentally healthy.

Come and be a part of our community. It is a great place to make new friends and learn new skills.

ART & CRAFT

Material lists can be collected from Reception or emailed to you upon request.

Abstract Painting

Jennifer Sulaj

You will have fun exploring your creative talents and discover the versatility of acrylic paints and media. This class will emphasize an expressive approach to painting while investigating the visual elements of colour, composition, application methods, surfaces, textures and much more. Using a combination of acrylic paints and mixed media, some truly remarkable effects can be achieved. Be prepared to be excited by the results these media create.

This class is suitable for the beginner or the advanced artist.

Art (Caren)

Caren Williams

Oil – Acrylic – Drawing – Watercolour

These classes cover the techniques required to create a picture using any of the above media. You may work on your own project with the assistance of an experienced tutor. *Materials list available.*

Art (Jeanne)

Jeanne McWhirter

Watercolour – Oil – Acrylic

From the complete beginner to the more advanced students, this course will cater for all. Ongoing tips and techniques offered to help you advance your skills. *Materials list available.*

Art (Melvyn)

Melvyn Scholtz

This course can offer you comprehensive art tuition at all levels of skill in most mainstream art medias such as: drawing, oil painting, acrylic painting and watercolours. Covering basic fundamental, intermediate and advanced topics. *Materials list available.*

Art (Rod)

Rodney Sinclair

This course can offer you comprehensive art tuition at all levels of skill in most mainstream art medias such as: drawing, oil painting, acrylic painting and watercolours. Covering basic fundamental, intermediate and advanced topics. *Materials list available.*

Drawing (Caren)

Caren Williams

Explore the fundamentals of drawing, using line, shading and perspective to create form, depth and texture. This class is for beginners and ongoing students. *Materials list available.*

Drawing (Ruth R)

Ruth Robartson

This drawing course aims to give the student a firm basis from which they can move on to colour and paint. That basis consists of training the eye to see and the hand to use the pencil to replicate in a line, drawing the subject. *Materials list available.*

Drawing (Rod)

Rodney Sinclair

Drawing is an indispensable tool for many other fields of creative pursuit. Learning to draw properly will give you a much better chance of achieving the artistic and creative goals you may have, giving you the ability to see and express more efficiently. This drawing course will offer you a good basic beginning in drawing fundamentals and basics. Beginners classes are on Tuesdays and more advanced classes are on Fridays. *Materials list available.*

Friday Handcraft Group

Elizabeth Durman

Do you need advice to help with some unfinished craft work, or would you like to start a new project? My main interests are small cross stitch items, knitting and crochet and I have many reference books as a back-up. The group can help with most techniques so why not come along to find out what you can achieve? Please bring your own materials, scissors and needles or let us know your interests.

Multi Media

Jim Larkins

Come to these craft based classes and learn how to compose a picture by gluing fragments of paper, leather and other fabrics combined with painting techniques into an interesting composition. Techniques will include woodcut and dry point etching in combination with mosaics, fabrics, printmaking blocks and various painting mediums. Come along and have some fun whilst learning some new creative artistic expressions. *Materials list available.*

Needlework Social Group

Lorna Cain, Glennis Green & Faye Etherington

Join a group who share and help each other with hand-sewing, patchwork, cross-stitch, knitting, crochet or any other needlework. Bring your own project along and your equipment.

Oil & Acrylic (Ruth)

Ruth Cohen

Oil or Acrylic painting where the emphasis is on informality, beauty, fun and understanding the energy of art. *Materials list available.*

Oriental Brush Painting - Continued

Beata Fung

An extension of the Beginners' course where students further develop their brush skills and create more intricate designs. This course is designed for students who participated in 2017 or with prior experience. *Materials list available.*

Origami – Paper Folding

George Ho

Origami is the art of paper folding. Learn the techniques to transform a piece of paper into an interesting object, for example a flower, bird or fish. Origami improves hand-eye coordination and fine motor skills. Beginners welcome. *All materials will be provided.*

Paper Sculptures

Jim Larkins

Come to this craft class and learn the art of creating and making your own sculptures using unwanted books, magazines, envelopes and newspapers by binding them with glue and moulding into three dimensional interesting shapes. *Materials list available.*

Painting (Cynthia)

Cynthia Haumann

Students develop their own painting projects with the help of the tutor as required to solve any technical, conceptual or compositional problems. Students will receive both individual and collective tuition. The course aims to give the students the confidence and skills to tackle any painting they are thinking of instead of being limited by a "I can't do that" attitude. *Materials list available.*

Papercraft

Pam Gatt

Have fun exploring and learning different ways to create cards, bags and boxes from paper and cardboard. Basic materials supplied. A surcharge of \$2 for special card purchases to be paid to the tutor. No experience necessary.

Porcelain Art

Ruth Robartson

Learn how to decorate porcelain ware. Any design can be painted and porcelain pieces are fired for permanency. Some porcelain ware is available at discounted prices from the tutor. There is a small charge for firing. *Basic materials supplied.*

Print Making

Vincent Elliott

In this course you will learn the techniques of lino cutting and printing onto paper using one to five ink colours. There are many techniques within the printmaking genre of art. You will learn these techniques through an overview of information handouts and practical demonstrations.

Materials list available.

Soft Pastels

Sue McGowan/TBC

Sue will teach beginners in the Monday class. The Tuesday class is for ongoing Soft Pastel students. Learn or improve on all subjects - flora/fauna, figure drawing, landscapes and modern art/drawing & sketching as you go. It is a delightful art form which allows you to quickly produce a picture without waiting for paint to dry. *Materials list available.*

Watercolour (Jeanne)

Jeanne McWhirter

This course will cater for the complete beginner to the more advanced student, with ongoing tips and techniques to further your skills. *Materials list available.*

Watercolour, Pen and Wash (Tony)

Tony Turner

A watercolour class for the more experienced, take on new projects to extend yourself. *Materials list available.*

Wire Jewellery & Beading

No tutor in this class – students work alongside each other to share their skills achieved with practice. Learn how to use copper and/or silver wire to create twisted wire jewellery for personal use.

Materials list available.

Woodcarving Advanced

Bob Svendsen & Percy Boyes

This course serves as a continuation for students who the tutors assess as having satisfactorily completed the course Woodcarving Introduction. These students will be able to continue on projects already started. The course will also be open to new students who are assessed as having adequate experience and knowledge of woodcarving. Students will have a range of options for projects or may bring a project of their own choosing. There will be instruction in basic skills in the use of other small hand tools such as palm gouges and small files, rifflers and rasps. There will also be instruction in the preparation and use of sand paper and other abrasives.

All materials will be provided. Special blanks may be purchased from the tutor at \$2 each. Materials list is available at Reception.

Woodcarving Introduction

Percy Boyes & Wally Kleber

This course will give beginners practical experience in carving small hand held items with a wood carving knife. The course is designed for beginners with no experience in woodcarving. An interest in trying something new is all you need. *Course information list is available at Reception.*

FITNESS

Dance 1P

Penny Jones

Aspects of dance and movement to music, including set routines and improvisation will be covered in this course.

Introduction to Argentine Tango

Elle Parker

In this class 'Introduction to Argentinean Tango' students learn about history of the tango styles: Classical style, Milonguero style, Tango Nuevo/Modern Tango and famous musicians/singers in tango. Tango is not just a dance, it is the martial art in comparison with other dances. Tango dancers call tango 'meditation for two' so don't be scared to join, it could be very enjoyable! In this class we concentrate on the breathing/stretching exercises, use of core muscles, balance and correct posture, which is very important for the mature aged for improving flexibility and wellbeing. Learn to walk with the music melody/rhythm and learn how to lead and follow. Maintain connection between partners, learn how to embrace and create the tango dance. No connection - no dance! Learn tango steps: six steps square, ribbon, ochos forward and backward, cross, hiro, sandwich and parada. In addition, students will enjoy occasional Tango demonstration from members of the Perth Tango Club and watch tango workshops/movies with international teachers.

Fun & Fitness

Penny Jones

This class includes the use of weights, wall exercises, stretches, ball work, simulation swimming/walking, teamwork and footwork. Join in as much as you are able, exercises adaptable to your ability.

Line Dancing Intermediate

Elly Wynne

This is an easy intermediate class which a choreographed dance with a repeated sequence of steps is executed. Wear suitable shoes or boots with smooth soles required (joggers or sandals not advisable). Dancers with experience or have completed a beginner's course previously are welcome. A good level of fitness is required.

Middle Eastern Dancing

Satima Flavell

Middle Eastern dance ('Belly Dancing') is the traditional dance style women in the Middle East use for fun and fitness. (From Greece eastward, women and men tend to dance separately.) It depends on 'isolations' - movements performed independently by various body parts. It also includes simple locomotive steps. It's not hard to learn the basics, and you will be surprised at how quickly you'll be dancing whole routines.

Tai Chi Chuan Classes

Claire Pope

Tai Chi is a series of slow, controlled movements and is an effective exercise for health and well-being. Tai Chi can help a range of disorders including anxiety, arthritis, fatigue, joint stiffness and stress and can improve posture, flexibility, strength and concentration. Wear activity appropriate clothing and footwear.

- **Tai Chi Chuan Beginners** – Suitable for complete beginners wanting to learn the first sequences of Tai Chi Chuan.

- **Tai Chi Chuan Beginners Plus** – Suitable for ongoing students who have participated in a beginners Tai Chi Chuan course with Claire for at least two terms or more.

- **Tai Chi Chuan Continued** – Suitable for students who have learnt the sequences taught in Claire's Tai Chi Chuan Beginners class. This class is **not** for beginner Tai Chi Chuan students.

Tai Chi Qi Gong

Claire Pope

In this class we focus on breathing as we enjoy the easy-to-follow movements. With practice, we can improve leg strength and balance. All students welcome to join with no experience necessary. Wear activity appropriate clothing and footwear.

Theatrical Dance

Satima Flavell

Theatrical Dance covers classical ballet, contemporary dance, jazz ballet, musical theatre and any other kind of dance such as folk dancing or ballroom dancing that is adapted to the stage. This course is suitable for students with previous experience in one of the above dance styles. Not for beginners. Beginners have the opportunity to learn in Summer or Winter School. *Recommended dance attire information available.*

For Yoga classes: Please wear comfortable clothing, bring along a yoga mat each week and a covering for relaxation during the colder days.

Yoga & Qi Gong

Andy Khong

Combination of Yoga and Qi Gong (Chi Kung) which comprises pranayama (breath control), stretching, mudras (spiritual gestures/energy seals), bandhas (energy locking), sound intonation, meditation, self-massage, self-healing, chakra connection. Plus simple energizing, cleansing, and balancing movements to promote flow of energy to improve your life force and strength of will.

Yoga Intermediate

Gailene Wester

Welcome to a class in Hatha Yoga, intermediate level. This class invites you to work with and be in your body, increase body awareness, using the breath to relax and lengthen tight muscles – never going into pain. Included will be warmups, lengthening movements leading to the simpler Yoga Asanas, breathing techniques, and occasional concentration, bandhas and full relaxation.

Yoga Plus

Virginia Milner

Yoga Plus combines all the gentle yoga stretching moves and relaxation with other gentle exercise modalities for health and wellness. Helping yoga, breathing, strength, balance and brain function.

GENERAL

Mindfulness Meditation

Doreen Boss

Meditation is a state of deep relaxation of the body and mind which produces a different level of consciousness than either sleep or wakefulness. It has numerous benefits physically, mentally and emotionally. Meditation enhances well-being, reduces stress and puts day-to-day life into perspective. This class is suitable for all levels.

Self-Care and Decision Making

Harriet Penhey

As we age we will need to continue to make a range of life changing decisions that will have both short and long term consequences. This course looks to support you in maintaining all the things that you are currently doing well and develop your awareness of the multitude of little things and the few big things that can improve your quality of life in the future.

You will be expected to participate in a range of personal exercises to encourage personal reflection but you will not be required to share details of private matters.

Harriet will also take you through some simple self-care strategies to keep your body agile and capable to continue enjoying life to the fullest.

Walk Around Town

David Dobb

A look at some interesting places within an hour and a half's stroll of the School. Students require a good level of general fitness for walking and climbing stairs. Wear comfortable and appropriate clothing, including a hat, sunglasses and sunscreen and bring along a water bottle. Meet in the Trinity Lunch Room

LANGUAGES

It is advisable to commence a beginner level Language courses at the start of the year. These courses are intended to be continued throughout the year.

Ancient Greek - Intermediate

Kevin Byrne

Suitable for students with basic knowledge in Ancient Greek. It will provide an easy progression in the language through simple grammar and readings from easy texts.

English Conversation

Susan O'Leary

If English is not your first language, join this friendly conversation group to improve your skills and confidence. Students must have at least two years' of English speaking practice as it is not suitable for non-English speaking students.

French Beginners MON / TUE

Cathleen Palmer / Jill Luckhurst

Starting with the basics, this class is for students with none or less than 1 year of French language experience. Whilst concentrating mainly on pronunciation and basic grammar, the aim is to enthuse and inspire, encouraging students to leave anxiety behind and discover the joy of learning a foreign language whilst having fun.

French Beginners WED

Jann Rutherford

This is an introductory course for beginners with limited French language experience. Whilst concentrating mainly on pronunciation and basic grammar, the aim is to enthuse and inspire, encouraging students to leave anxiety behind and discover the joy of learning a foreign language whilst having fun.

French Beginners Plus

Christel Bouton / Jann Rutherford

A course for beginners with a small amount of French language knowledge. Emphasis is on practical enjoyment of the French language and culture.

French Intermediate

Jann Rutherford

This class is consolidation for those with some understanding of the French language. This class embraces verb conjugation, introduces simple texts and stimulates basic conversation.

French Advanced

Christel Bouton / Colin Trestrail

This course is designed for those with a deeper understanding of verb conjugation and a facility to communicate readily and converse with greater ease. Ideally this class is to be conducted entirely in French.

French for Improvers

Penny Jones

A consolidation class for those with some understanding of the French language. This class embraces verb conjugation, introduces simple texts and stimulates basic conversation.

French 3P

Penny Jones

Revision and extension requiring prior learning in speaking, listening, reading and writing. Fun and practical exercises incorporating grammar, vocabulary and culture.

French 4P

Penny Jones

Listening, speaking, reading and writing - an extension on level three. Course will include some grammar, culturally-based discussions and readings of poetry and literature. The students in this course are aiming for a high level of spoken French content.

French Conversation WED

Colin Trestrail

A less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group.

French Conversation Advanced THU

Jean-Pierre Bouchard

For experienced French speakers, a less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group. There may be opportunities for individual presentations, if desired.

German Beginners

TBC

Learn the basics of German. We work with the Usborne Internet linked book 'German for Beginners'. It is easy to understand with a lot of pictures, learning poems and songs.

German Intermediate

TBC

Continuing with German grammar (present, future, imperfect and perfect), reading, phrases and increasing amount of conversations in German. Extension on grammar, reading and writing – through news, history, art and music in a special German way.

German Kaleidoscope

Friedrich Funke

Ein bisschen dies, ein bisschen das ...

We read, translate, discuss German newspaper articles, up-to-date German topics, German short stories and German humour will not be forgotten. *3 – 5 years German language experience required.*

German Discussion Group

Christa Kaltenbrunn-Long

Interessante Diskutier- und Unterhaltungs Stunden mit Christa. A good level of German is required to participate in this discussion group.

Indonesian 1

Colin Trestrail

Learn how to speak and listen to some Indonesian such as: meeting people and talking about yourself and family; numbers, colours, time, date, weather, etc; going shopping or eating out; and more! Have some fun while you learn! New students to commence in Term 1 only.

Indonesian 2

Endang Mooney

For students who have completed Indonesian 1 or equivalent. This course will include reading, writing, comprehension, grammar, history, tradition and culture.

Indonesian 3

Endang Mooney

For students who have completed Indonesian 2 or equivalent. This class has an advanced level of reading, writing, listening and speaking skills and will include the history and culture of Indonesia.

Italian Beginners

Colleen Vallini

This course is an introduction to the Italian language and culture. The emphasis will be on pronouncing and speaking simple but relevant sentences related to everyday life. New students to commence in Term 1 only.

Italian Beginners Plus

Colleen Vallini

For those who have completed the beginners course or those who are resuming study. We continue to open up the language. Grammar is introduced as required.

Italian Intermediate

Colleen Vallini

This course is for those who have completed two or more years of Italian. There will be occasional grammar and increasing frequency of conversation.

Japanese Beginners

Yoshinori Ohtsuka

Introduction to basic Japanese expressions necessary for: greetings, dining out, shopping, visiting Japan, plus cultural do's and don'ts.

Japanese Beginners Plus

Yoshinori Ohtsuka

Short dialogues, moving on to conversations based on Japanese ways of conducting tasks in different situations and occasions.

Japanese Intermediate

Yoshinori Ohtsuka

Cultural correctness with longer conversations. Contrasting differences between English and Japanese ways of thinking and defining words.

Latin Elementary

Kevin Byrne

For beginners with little or no experience of the Latin language. This course will offer an introduction to Latin through simple grammatical exercises and easy readings from selected texts.

Latin Intermediate

Kevin Byrne

This course is for students who have completed at least one full year of Latin language study. This course will offer further practice and drills in basic Latin grammar through class exercises, supplemented by readings in Latin prose of good but simple Latin authors.

Latin Advanced

Kevin Byrne

For those who have completed at least two years of study of Latin. This course will offer further practice in more complex Latin prose as well as readings in recognised Latin texts in both prose and verse.

Mandarin Beginners

Daniel Lim

No experience/prior knowledge necessary.

Introduction to listening skills, simple phrases, greetings as well as a background of culture and history. Basic elements of spoken Mandarin.

Spanish Beginners

John Bonnardeaux

This is a communicative approach to learning a new language. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

Spanish Beginners Plus

Isabel Lopez

A consolidation class for those with 1-2 years of Spanish language experience, or have completed Spanish 1. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

Spanish Intermediate

Isabel Lopez

An intermediate class for those with 2+ years of Spanish language experience. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

LITERATURE

Book Club

Maxine Kaempf

Read the world through the eyes of writers who love language. Enhances the reader's understanding of what it means to be human. Students help select the books read in this class. *Additional cost of \$3 per term if you wish to use supplied library books, payable on arrival to class. Alternatively, source your own book from your local library or bookstore.*

Creative Writing

Carol Millner

A workshop format class open to writers of all levels. Beginners and experienced writers welcome. A range of writing exercises will be used to assist participants to generate new material.

Let's Talk

Friedrich Funke

Topics are everywhere, let's find them! From the serious to the light-hearted topics, come along and let's talk.

Life Matters

Murray Cox

A discussion group looking at the social and emotional issues which touch our lives. The class format is a mixture of information and personal responses. A preparation guide is distributed a week in advance containing a general description of the topic and some suggested areas for members to research. On the day, a selected article is read together to ensure that all present can focus on the same material. This is followed by a guided discussion.

Ideally, the group process works its magic and everyone is involved. Topics covered are: Social issues, emotion and psychology, thoughts/organizational, digital divide etc.

Requirements: a willingness to prepare for the class and contribute to the discussion. Access to the internet for research is essential. Please see the website for a detailed course description.

Suitable for students with all levels of language ability.

Life Writing

Ruth Newman & Val Northcombe

Students explore aspects of memoir writing and strategies for recording the journey of their personal experiences.

Manuscript Development

Carol Millner

This course is designed for people who have already started a manuscript and are interested in developing it further. Emphasis will be placed on developing your work into a book length project.

Poetry Pot Pourri

Kevin Byrne

This course is intended to entertain and educate in the field of English poetry. No previous experience necessary.

Poetry Pot Luck

Kevin Byrne

A course illustrating the endless variety of poetry available. Students will have input for the poetry selected or written based on the group's interests. No previous experience necessary.

THE ARTS

Music Appreciation

Ray Wales

Come expand your musical experience by listening to a great variety of classical music from the Renaissance period (1400-1550) through to the present day.

Sing Along

Cathleen Palmer

A fun class for singers and non-singers. All welcome. A variety of songs each week, representing different eras and styles.

Ukulele Beginners

Joe Wisniewski

This is a good time to start learning to play one of the world's most popular instruments because, most people who have one, can get a tune out of it. You may have one lying around the house, or know someone who might lend you theirs. For those who do not have a uke come to the first class to find out what to look for.

Come along with or without a uke and find out your hidden talent. The class will start with a step-by-step introduction to the ukulele, how to tune the ukulele and then you will learn chords. Some chords only use one or two fingers. Then we pick a song and play together, learning more as we go. If you can sing, bonus!

Ukulele Advanced

Joe Wisniewski

This class is for those who have been playing for a while advancing to the next level.

TSFS Choir

Suzie Thompson

New students will never have a problem of fitting into this class as everyone learns to sing up and sing loud! Open to all students who are looking for a challenge through singing, even if you believe you cannot sing. Classes involve singing warm-ups in unison as well as in harmony. *Please note: an additional small monetary contribution required to cover photocopying and the odd CD accompaniment.*

RECREATIONAL

Bridge for Beginners

Sandra & Don Sutton-Mattocks

Learn the basics of bridge; *the* play, the bidding and scoring in a fun, relaxed class. Great for brain health and friendship. After completing one term of this class, students will have confidence in their knowledge of the game to move to an intermediate class or a bridge club.

Bridge for Beginners & Improvers

Sandra & Don Sutton-Mattocks

Learn the game of bridge; *the* play, the bidding and scoring in a fun, relaxed class. Great for brain health and friendship. All levels of Bridge experience welcome; from the beginner to advanced students.

Bridge Club

Bridge Club is Trinity's little Bridge club for people who can play with without a tutor's supervision and who are eager to play this fascinating game. All Bridge players welcome. No partner needed.

Canasta Five – All Skill Levels

Kevin Stubbs

Canasta Five is a very popular, sociable and enjoyable card game that will keep your mind active whilst enjoying the company of others. All skill levels (Beginners, Intermediate and/or Experienced Players) are very warmly welcomed. If you have not tried it before – why not try it now!

Canasta Five – Beginners

Penny Searle Hellens

Canasta Five is a very popular, sociable and enjoyable card game that will keep your mind active whilst enjoying the company of others. Beginners are very warmly welcomed. If you have not tried it before – why not try it now! **NOTE** This class is only available in Term 1.

Canasta Five Club – Experienced Players

This class is designed for experienced players as there is no tuition in this class. It is a very social game which gives you the opportunity to meet with other experienced players in a friendly setting. Whenever possible, partner Canasta is played (dependent upon the total number of persons attending at any one time) though this cannot be guaranteed.

Chess

David Dobb

If you would love to learn how to beat your grandchildren at chess, come and join us. Fine tune the strategies and skills needed to checkmate your opponent's King. Playing Chess is great way to keep your mind sharp by trying new tactics and strategies. Beginners welcome. Players need perseverance and patience!

Chinese Mahjong Beginners

Eenie Khoo

Learn the basics of playing Chinese Mahjong. See information on Chinese Mahjong. No new students in term 3.

Chinese Mahjong Continued

Eenie Khoo

Chinese Mahjong is a game of skill, strategy, calculation and to a certain degree, luck! Learn how to play this intriguing brain game, which not only is fun to play but also stimulates the brain and enhances memory and attention. Chinese Mahjong based on the Cantonese version will be played. Malaysian/Singaporean style gameplay, rules and scoring system are used. Experienced players welcome. No beginners.

Mahjong for Beginners (Western Version)

Jim Larkins

Learn how to play the western version of Mahjong, improve your skills, stimulate your brain and meet new people in a relaxed, friendly setting.

Mahjong – Beginners and Intermediate (Western Version)

Penny Searle Hellens

All skill levels are very welcome. Learn, improve or just apply your skills in the ancient Chinese game. This intriguing game will stimulate your brain, improve your memory and offer an opportunity to meet new people in a relaxed, friendly setting. If you have not tried playing Mahjong before, now is the time for you to try it!

Mahjong Club - Experienced Players

Glennis Green

This class is designed for advanced players as there is no tuition. Regular attendees of this class are very experienced and fairly fast players. If you are an experienced player, or an Intermediate player who would like to improve on speed, then this is the class for you. It is also an opportunity to meet other experienced players in a friendly setting.

Numero

Daphne Davies

A card game using numbers. Numero can be played at seven levels of difficulty. An excellent game for brain fitness. All welcome and students may start at any time during the term.

Scrabble Club

Daphne Davies

This class is a social club for those with an interest in playing scrabble without the assistance of a tutor. Students challenge and learn from each other – beginners are welcome and can start any time during the term. Improve your word power and have fun at the same time.

Sudoku & Jumble Word Games

Penny Searle Hellens

Keep your brain active by solving Sudoku Puzzles and Jumble Word Games with fellow class mates in a relaxed and friendly environment. Sudoku only requires logic, not mathematics, and playing Jumble Word Games will help to keep your vocabulary in constant use. If you have never solved Sudoku or word puzzles before now is the time for you to try it in a friendly and helpful environment. You may choose to work individually or in a friendly group, the choice is yours. You will be shown techniques to assist you. Just bring a pencil and eraser with you. Novices and experienced people are all welcomed.

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ENROLMENT POLICIES

Membership Fee **\$70 per term**

Membership Fee allows enrolment in three (3) courses per term. To enrol in more than three (3) courses, a surcharge of \$20 per course will apply.

Enrolment is limited to 2 art classes per student each term.
Participants must be 60 years or older.

PAYMENTS

Fees are payable by cash, cheque, EFTPOS.

Please make cheques payable to: **Uniting Church in the City**

REFUND POLICY

Withdrawals prior to the commencement of term will be refunded the fee, deducting a \$5.00 administrative fee for processing the reimbursement cheque. No refunds will be given due to non-attendance after the commencement of term.

ABSENTEE POLICY

If a student is absent from a fully booked class for 3 consecutive weeks or more without explanation, their place in the class will be offered to the next student on the waiting list.

To prevent losing your place in a class, please notify your tutor or Reception regarding absences/extended holiday arrangements in advance. Any late notice absences can be communicated to Reception by telephone or email. If you have not been attending classes for genuine extenuating circumstances, upon return to TSFS, Admin staff will do their best to accommodate you back in your usual classes.

HOW TO SUBMIT YOUR ENROLMENT FORM:

Drop Box



Reception, Level 1
Trinity Arcade
72 St Georges Terrace
PERTH

Place completed enrolment form (with payment securely attached) in Drop Box located in Reception.

Email to:



Reception@tsfs.org.au

Mail to:



Trinity School for Seniors
PO Box X2222
PERTH WA 6847

CLASSROOM LOCATIONS

A number of classes will continue to be held at a second location in 2018 – the Queen’s Building is a 5-10 minute walk through the city so please consider travel time between classes when choosing your timetable. The building location for each class can be identified on your timetable - see the coding next to room description on your timetable.

Q = Queen’s Building

T = Trinity Buildings

Reception

Level 1, 72 St Georges Terrace PERTH

Trinity Buildings

Ground Floor, 72 St Georges Terrace PERTH

Queen’s Building

Level 1, 97 William Street PERTH

Postal Address

PO Box X2222 PERTH WA 6847

Telephone

(08) 9483 1333

Email

Reception@tsfs.org.au

Website

www.perthunitedchurch.org.au

Office Hours

Monday to Friday 9am – 3pm

